

184 Lafayette Road  
North Hampton, NH



(603) 379-9965

## BREAKFAST

served all day

### Eggs & Such

Free-range eggs available . add 1.5 each  
Gluten-free toast available . add 1

#### THE USUAL . 5.5

Two eggs any style, house-seasoned skillet potatoes or Nana's beans & local toast

Add bacon or sausage . 2.75

Add Beeler Family Farm's nitrate-free ham . 3.5

#### E.T.A. BREAKFAST SANDWICH . 7

Folded egg, tomato, avocado, brie cheese smear on toasted English muffin or croissant bun, house-seasoned skillet potatoes or Nana's beans

#### URBAN BREAKFAST SANDWICH . 6

Folded egg, Vermont cheddar, American or Swiss cheese, bacon or ham, hollandaise smear, English muffin or croissant bun, house-seasoned skillet potatoes or Nana's beans

#### FARMHOUSE BREAKFAST BURRITO . 7.5

Scrambled egg, black bean pico, spicy chipotle sauce, cheddar cheese, house-seasoned skillet potatoes or Nana's beans

#### BANANA WALNUT STEEL CUT OATS . 4.5

Made-to-order oats topped with fresh banana, brown sugar & candied walnuts

### Hash

All hashes are naturally gluten-free  
All are served with two eggs any style & local toast

#### HOMEMADE CORNED BEEF HASH & EGGS . 10

Slow-braised corned beef, onions, potatoes

#### MUSHROOM HASH & EGGS . 12

Mushroom, shallot, potato, fines herbs

#### CHORIZO HASH & EGGS . 11

Mexican chorizo, onion, potato, avocado, pico garnish

### Sweet Things

'Syrup by the Sea' real maple syrup bottle . add 2.5

#### MAPLE WALNUT FRENCH TOAST . 8

Local challah, maple sugar, candied walnuts, chef's creme anglaise

#### LEMON RICOTTA PANCAKES . 5 / 8.5 / 11

Homemade lemon curd, blueberries

#### SWEET CREAM PANCAKES . 4 / 6 / 9

Chocolate chips . add 1

Blueberry . add 1

#### MEMERE'S COFFEE CAKE . 3.5

Family recipe since 1952

### Sides

One Egg . 1

Free-range Egg . 1.5

English Muffin . 1.5

Nana's Beans . 2

Bacon, Sausage . 3.25

Avocado . 1.5

Fruit Salad . 3.5

Sauteed Spinach . 2.5

Bagel & Cream Cheese 2.5

Homemade Corned Beef Hash . 6

Specialty Hashes . 7

Memere's Recipe Coffee Cake . 3.5

Blueberry Muffin . 2.5

Andi's Gluten-free Muffin . 5

House-seasoned Skillet Potatoes . 3

Beeler Family Farm's Ham . 3.5

Toast & Jam . 2

Local FireKing sourdough, honey wheat, marble rye, multigrain or cinnamon raisin

## LUNCH

served 11:30am - 2pm

### Starters

#### FRIED PICKLES . 8

Fried dill pickles, horseradish dipping sauce

#### HOUSE HUMMUS . 8

Roasted red pepper hummus, fresh vegetables, toasted peasant bread

#### CORNBREAD & HONEY BUTTER . 6.5

Urban's sweet cornbread with scratch honey butter

### Sandwiches

Served with choice of Terra potato chips or cole slaw  
Substitute French fries or garden salad or fruit salad . add 2  
Substitute specialty salad . add 3

#### MR. CRUNCHY . 11

Beeler Family Farm's baked ham, melted brie, Dijon mustard, toasted peasant bread

#### MAPLE TURKEY . 10

Roasted turkey, bacon, Vermont cheddar, lettuce, tomato, Granny Smith apple, maple aioli, toasted peasant bread

#### PASTRAMI ON RYE . 10.5

New York style pastrami brisket, marble Rye, fried dill pickles, Swiss cheese, mustard smear

#### ROAST BEEF . 11.5

Brioche bun, horseradish mayo, Vermont Cheddar, caramelized onion, roast beef

#### BLT . 10.5

Local North Country smoked cobb bacon, butter lettuce, tomato, herb aioli, choice of bread

#### VEGGIE WRAP . 10

House red pepper hummus, spinach, tomato, red onion sliver, sprouts, avocado, flour tortilla (vegan)

### In the Bowl

champagne vinaigrette, blue cheese, ranch, citrus vinaigrette, balsamic vinaigrette

#### FRESH GARDEN SALAD . 6.99

Mixed greens, grape tomato, cucumber, shredded carrot, slivered red onions

#### CHARRED CORN SALAD . 9

Fresh greens, charred corn, red onion, tomato, avocado, Feta cheese, citrus dressing drizzle, griddled cornbread

#### SOUTHWEST SALAD . 13

Mixed greens, black beans, pico, cheddar cheese, fried avocado, creamy poblano dressing, tortilla strips

#### BEET & CITRUS SALAD . 9

Fresh artisan greens, salt roasted beets, oranges, goat cheese, red onion slivers with house citrus dressing

### Burgers

All burgers are half pound fresh Creekstone premium ground chuck, served with French fries, cole slaw or small garden salad

#### URBAN FARMHOUSE BURGER . 10.5

Lettuce, tomato, onion, pickle cheese . add 1

#### BACON CHEESEBURGER . 12.5

Smoked bacon, Vermont cheddar, onion, lettuce, tomato, pickle

#### CHIPOTLE BLACK BEAN BURGER . 10

Black bean veggie burger, chipotle sauce drizzle, lettuce & tomato

#### FIG & GOAT CHEESE BURGER . 12

Fig spread, goat cheese, sauteed onion, lettuce, tomato, pickle

#### FRESNO AVOCADO BURGER . 12.5

Cheddar cheese, fried avocado, fresh chilis, lettuce, tomato